# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Ting Edmund Y				2. Issuer Name and Ticker or Trading Symbol PRESSURE BIOSCIENCES INC [PBIO]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
23642 123RD PLACE SE (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 12/31/2015							X Officer (give title below) Other (specify below)  Senior VP of Engineering				
(Street) KENT, WA 48031				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  X. Form filed by One Reporting Person Form filed by More than One Reporting Person				
(State)	(Zip)	Table I - Non-Derivative Securities Acquired, D					ed, Disposed o	sed of, or Beneficially Owned							
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yo		ar) any		Date, if Code (Instruction (Instruction)		(A) or Disposed		Disposed of	Owned Followin Transaction(s)				Ownership of Form:	'. Nature of Indirect Beneficial Ownership	
						ode V	Amoun	(A) or at (D)					or Indirect (I		
3. Transaction Date (Month/Day/Year)		4. Transac Code	tion (	5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title of Undo Securit	erlying ies	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following	Ownershi Form of	Benefici Ownersh (Instr. 4)	
		Code	V	(A)	(D)	Date Exercisable			Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	(s) (I) (Instr. 4)		
12/31/2015		A		130,000		01/31/201	6(1) 1	2/31/2025	Comm	1130.000	\$ 0	130,000	D		
	(Street)  (State)  (State)  3. Transaction Date (Month/Day/Year)	(State) (Middle)  CE SE  (Street)  2. Transaction Date (Month/Day/Yea)  separate line for each class of securities  Table II  3. Transaction Date (Month/Day/Year)  3A. Deemed Execution Date, if any (Month/Day/Year)	PRESI  (First) (Middle) 3. Date 12/31/ (Street) 4. If Ar  (State) 2. Transaction Date (Month/Day/Year) 2. Table II - Derivate (e.g., p.	PRESSUR  (First) (Middle) 3. Date of E. 12/31/201:  (Street) 4. If Amend  (State) (Zip) 2A. Deem Execution any (Month/Day/Year) 2A. Deem (Month/Day/Year) 2A. Deem Execution any (Month/Day/Year) 3. Transaction Date (e.g., puts, any (Month/Day/Year) 3A. Deemed Execution Date, if (Month/Day/Year) 4A. Transaction Code (Instr. 8) Code V	PRESSURE BIOS  (First) (Middle) 3. Date of Earliest Tra 12/31/2015  (Street) 4. If Amendment, Date  (State) (Zip) T  2. Transaction Date (Month/Day/Year) (Month/Day/Year)  Execution Date, if any (Month/Day/Year)  3. Transaction Date (Month/Day/Year) 4. Derivative Securities (e.g., puts, calls, war (Month/Day/Year) 5. Numb (Code (Instr. 8) Code (Instr. 3, and 5)  Code V (A)	PRESSURE BIOSCIE  (First) (Middle) 3. Date of Earliest Transact 12/31/2015  (Street) 4. If Amendment, Date Ori  (State) 2. Transaction Date (Month/Day/Year) 2. Table  Execution Date, if (Month/Day/Year) 3. Transaction Code (e.g., puts, calls, warrant (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrant (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. S. Number of Transaction Code (Instr. 8) 4. Transaction Date (Instr. 8) 4. Transaction Code (Instr. 8) 5. Number of Code (Instr. 8) 6. N	PRESSURE BIOSCIENCES INC  (First) (Exect)  (Street)  4. If Amendment, Date Original Filed(North/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Instr. 8)  Code V  Table II - Derivative Securities Acquired, Disp (e.g., puts, calls, warrants, options, calls, war	PRESSURE BIOSCIENCES INC [PBI6 (First) (Middle) 3. Date of Earliest Transaction (Month/Day/You 12/31/2015  (Street) 4. If Amendment, Date Original Filed(Month/Day (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Code (Instr. 8) (Instr. 2) 2. Transaction Date (Month/Day/Year) 4. Securities beneficially owned directly or indirectly.  Persons when in this form a currently was	PRESSURE BIOSCIENCES INC [PBIO]  3. Date of Earliest Transaction (Month/Day/Year)  12/31/2015  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8) (Instr. 3, 4 and 5)  Code V Amount (A) or (D)  Persons who respond in this form are not rea a currently valid OMB  Table II - Derivative Securities Acquired, Disposed of, or Benefic (e.g., puts, calls, warrants, options, convertible securities) (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities) (Month/Day/Year) (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities) (Month/Day/Year) (Month/Day/Year)  4. S. Number of Derivative Code Securities Acquired (A) Derivative Expiration Date (Month/Day/Year)  Expiration Date Expiration Date Expiration Date Exercisable Expiration Date Exercisable Expiration Date Exercisable Expiration Date	PRESSURE BIOSCIENCES INC [PBIO]  3. Date of Earliest Transaction (Month/Day/Year)  12/31/2015  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction (A) or Disposed of (D) (Instr. 3, 4 and 5)  Trable II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Ombound of Ce.g., puts, calls, warrants, options, convertible securities (Month/Day/Year)  3. Transaction Date (Instr. 8)  3. Transaction Date (Execution Date, if Iransaction Date (Instr. 8)  4. Securities Acquired (A) or Disposed of, or Beneficially Ombourded (Instr. 8)  3. Transaction Date (Instr. 8)  4. Securities Acquired (A) or Disposed of, or Beneficially Ombourded (Instr. 8)  4. Transaction Date (Instr. 8)  3. Transaction Date (Instr. 8)  4. Date Exercisable and Expiration Date (Instr. 3, 4, and 5)  4. Transaction Date (Instr. 3, 4, and 5)  4. Date Expiration Date (Instr. 3, 4, and 5)  Title Date (Month/Day/Year)  4. Transaction Date (Instr. 3, 4, and 5)  4. Date Expiration Date (Instr. 3, 4, and 5)  4. Date Expiration Date (Instr. 3, 4, and 5)  Title Expiration Date (Instr. 3, 4, and 5)	PRESSURE BIOSCIENCES INC [PBIO]    Cistreet   Cistreet	PRESSURE BIOSCIENCES INC [PBIO] (Check (First)) 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year)  2. Transaction Date (Month/Day/Year) (Month/Day/Year)  2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities)  3. Transaction Date (Month/Day/Year) (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities)  3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities)  3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3 and 4) (Instr. 5)  Date Expiration Date (Month/Day/Year) (Instr. 3 and 4) (Instr. 5)	PRESSURE BIOSCIENCES INC [PBIO]  (Final)  (Final	PRESURE BIOSCIENCES INC [PBIO]  (First)  (First)  (First)  (Middle)  3. Date of Earliest Transaction (Month/Day/Year)  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  (State)  (Zip)  Table I - Non-Derivative Securities Acquired, (A) or Disposed of, or Beneficially Owned Execution Date, if (Instr. 4)  (Month/Day/Year)  (Month/D	

B # 0 N /411	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Ting Edmund Y 23642 123RD PLACE SE KENT, WA 48031			Senior VP of Engineering					

### **Signatures**

/s/ Edmund Y Ting	01/05/2016
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Non-qualified options vest 1/36th per month for 36 months, effective on the day of grant

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.