## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person* Urdea Michael S				2. Issuer Name and Ticker or Trading Symbol PRESSURE BIOSCIENCES INC [PBIO]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 100 BUNCE MEADOWS DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 11/12/2021							Office	r (give title belo	ow)	Other (specify b	elow)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Form fil	6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
	, CA 9450															
(City	)	(State)	(Zip)		Tal	ble I -	Non-	-Deri	vative	Securitie	s Acq	quired, Dispo	osed of, or I	Beneficially (	Owned	
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)		_	f Code (Instr. 8)		4. Securities Acqu (A) or Disposed o (Instr. 3, 4 and 5)		of (I	D) Beneficial	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	Beneficial		
			(Month/Day/Year)		Со	ıde	V	Amour	(A) or	Pric	Ì	(Instr. 3 and 4)		( /	Ownership (Instr. 4)	
Common	Stock		11/12/2021			J <u>C</u>			475	A	\$ 2.13	18.050			D	
				Derivative Secu			t quire	conta the fo	ained i orm dis	n this fo splays a of, or Be	orm a a curi		ired to res	spond unle	ss	1474 (9-02)
1. Title of	2	3. Transaction		e.g., puts, calls								Title and	& Price of	9. Number o	of 10.	11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Security		Execution Da Year) any	te, if Transacti Code (Instr. 8)	on N	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		A U Se	mount of nderlying ecurities nstr. 3 and	Derivative Security (Instr. 5)		Ownersl Form of Derivati Security Direct (I or Indire	nip of Indirect Beneficia Ownershi (Instr. 4)	
				Code	V	(A)		Date Exerc	cisable	Expiration Date	on Ti	Amount or Number of Shares				

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Urdea Michael S 100 BUNCE MEADOWS DRIVE ALAMO, CA 94507	X					

### **Signatures**

/s/ Michael S Urdea	11/16/2021
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Interest on convertible preferred stock paid in shares of common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.