(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average burden						
hours per response	0.5					

longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] SCHUMACHER RICHARD T					2. Issuer Name and Ticker or Trading Symbol PRESSURE BIOSCIENCES INC [PBIO]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director _X_ 10% Owner				
					3. Date of Earliest Transaction (Month/Day/Year) 12/19/2019					_X_0	X_Officer (give title below) Other (specify below) President/CEO				
(Street)			4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)					_X_ For	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
TAUNTO	ON, MA 02	2780								ron	n nied by Mor	e tnan One Rep	orting Person		
(City	y)	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Y	Execution Date, if		(Instr. 8)	(A) or Disposed of ((Instr. 3, 4 and 5)		D) Owned Transac	Transaction(s) (Instr. 3 and 4)				Nature f Indirect eneficial wnership nstr. 4)		
Reminder: I	Report on a so	eparate line for each		II - Der	·ivati	ive Securit	ies Acquire	Persons w this form a currently v ed, Disposed	ho respond to require alid OMB cor of, or Benefici	ed to respo ntrol numbe ally Owned	nd unless			SEC 14	74 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	n Date Exec e (Month/Day/Year) any (Mo		4. Transac Code	4. 5. Number of Derivative State Acquired (A		of Securities (A) or of (D)	6. Date Exercisable and Sexpiration Date (Month/Day/Year) 7. Sec		7. Title and of Underlyi Securities (Instr. 3 and	Derivative Security		9. Number of Derivative Securities Beneficially Owned	Ownershi Form of Derivative Security:	11. Nature of Indirect Beneficial Ownership (Instr. 4)
		Security	,		Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Following Reported Transaction(s (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)
Non- Qualified Stock Option	\$ 3.4	12/19/2019(1)		D			108,167	(1)	12/19/2028	Common Stock	108,167	\$ 0	0	D	
Non- Qualified Stock Option	\$ 0.69	12/19/2019(1)		A		108,167		(2)	12/19/2028	Common Stock	108,167	\$ 0	108,167	D	
Non- Qualified Stock Option	\$ 0.69	12/19/2019		A		324,501		(2)	12/19/2029	Common Stock	324,501	\$ 0	324,501	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
SCHUMACHER RICHARD T 130 LAKE RIDGE DRIVE TAUNTON, MA 02780	X	X	President/CEO				

Signatures

/s/ Richard T Schumacher	12/27/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported transaction involved an amendment of an outstanding stock option, resulting in the deemed cancellation of the old stock option dated December 19, 2018 and the grant of a replacement stock option dated December 19, 2019. The new stock option includes the same expiration date of December 19, 2028 and a new exercise price of \$0.69.

(2) Stock options vest 1/36th per month for 36 months, effective on the day of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.